



On Sunday evenings from January we're going to be embarking on an exciting new chapter of discipleship at IMC. We are going to be running the Freedom In Christ course. It is an approach to discipleship that can transform the way we can become fruitful disciples.

### **Why take part in this course?**

The Freedom in Christ course is for every Christian, from those who have been Christians for a long time to those who have only just made that decision, from those who are progressing steadily to those who feel stuck.

It is designed to help you:

- **Break through to a greater level of spiritual maturity**
- **Uncover any areas of deception holding you back**
- **Resolve personal and spiritual conflicts**
- **Learn strategies to renew you mind and break free from negative thinking and unhelpful patterns of behaviour**

The course does not focus on how to behave but on how to believe. After all, Christ has already set us free (Galatians 5:1) and given us everything we need (2 Peter 1:3). It's just that sometimes it doesn't feel like it!

Many sense that they have not reached their full potential for God. Perhaps they feel 'stuck' in habitual sin, negative thoughts, fears, unforgiveness or condemnation. Yet they really want to grow and mature. This course will help you grasp the amazing truth of your new identity in Christ, teach you to uncover and resist the enemy's deception, and help you move on. It's not a 'quick fix'. But it is likely to revolutionise your Christian life.

### **How can I get the most out of it?**

Do your best to get to each session (see dates and themes below).

There is a Participants Guide (£3.99). There is recommended reading by Neil Anderson that reinforces the course entitled **Victory Over The Darkness** and **The Bondage Breaker**.

Make each session a spiritual priority and ensure you come along to **The Steps To Freedom In Christ Day** on **Saturday 16<sup>th</sup> June**, which is a kind and gentle process during which you ask the Holy Spirit to show you any areas of your life where you may need to repent. It has been a life-changing experience for many participants.

All dates are Sundays (except the Steps To Freedom Day) and start at 6.30pm until 8pm.

### **Part A – Key Truths**

Session 1 – 28<sup>th</sup> January – Where did I come from?

Session 2 – 4<sup>th</sup> February – Who am I now?

Session 3 – 15<sup>th</sup> February – Choosing to believe the truth

### **Part B – The World, the Flesh and the Devil**

Session 4 – 4<sup>th</sup> March – The World's view of the truth

Session 5 – 25<sup>th</sup> March – Our daily choice

Session 6 – 15<sup>th</sup> April – Demolishing strongholds

Session 7 – 29<sup>th</sup> April – The battle for our minds

### **Part C – Breaking the hold of the past**

Session 8 – 6<sup>th</sup> May - Handling emotions well

Session 9 – 27<sup>th</sup> May – Forgiving from the heart

### **Part D – Growing as disciples**

Session 10 – 3<sup>rd</sup> June - Walking in freedom every day

Session 11 – 24<sup>th</sup> June – Relating to others

Session 12 – 1<sup>st</sup> July – Where are you heading?

Session 13 – 15<sup>th</sup> July – Staying on the right path

It is my prayer that God will continue to move amongst us as we seek to move forward with Him together.

Hope to see you all there ☺

Yours in Christ,

Rev Mark